

## Palliative Care Pathway

### List of Hospice Palliative Care Education Resources

These resources support the Palliative Care Pathway used in Covenant Health for those expected to die within days or hours. The Resources are divided into five categories: 1) Quick reference handbooks 2) Websites 3) Telehealth 4) Textbooks and 5) Other.

This list will insure that all sites have this basic information.

#### 1. Quick Reference Handbooks

Handbooks	Available from . . .
<p><b>99 Questions 3<sup>rd</sup> edition</b> This lab-coat style pocketbook contains 104 common questions a clinician will encounter in home, hospice, hospital and long-term/continuing care settings and contains the Edmonton Symptom Assessment System-r (palliative.org), the Faces Pain Scale, the CAGE Questionnaire, a table of equianalgesic doses of opioids and suggested strategies for energy conservation during advanced illness</p>	<p>Canadian Hospice Palliative Care Association Marketplace  <a href="http://www.market-marche.chpca.net/">http://www.market-marche.chpca.net/</a>  \$14.95</p>
<p><b>Pallium Book (2013) 1<sup>st</sup> edition revised</b> This Practical, peer-reviewed pocketbook is fully-referenced; intended to support safe, ethical, effective and accountable palliative clinical service interventions in various community-based settings of care (e.g., home, hospice, community hospital, continuing care, community cancer care, etc.)</p>	<p>Canadian Hospice Palliative Care Association Marketplace  <a href="http://www.market-marche.chpca.net/">http://www.market-marche.chpca.net/</a>  \$19.95</p>

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<p><b>Caregiver's Guide</b> This is a handbook about end-of-life care written for the family caregiver. The book provides medical and nursing information in clear, easily understood language.</p>	<p>Canadian Hospice Palliative Care Association Marketplace \$2 each <a href="http://www.market-marche.chpca.net/">http://www.market-marche.chpca.net/</a></p> <p>Download free: <a href="http://www.stlazarus.ca/english/news_pages/caregiversguide.html">http://www.stlazarus.ca/english/news_pages/caregiversguide.html</a></p>
<p><b>Grief and Bereavement</b> Can be printed: What is Palliative Care? What is anticipatory grief? What to expect as the final stage of death approaches? Child bereavement. Grief in the family. How to support a teenager who is grieving? How to work through your grief? What do you say to someone who is dying?</p>	<p><a href="http://www.palliative.org/PC/GeneralPublic/GriefBereavement/GriefBereavementIdx.html">http://www.palliative.org/PC/GeneralPublic/GriefBereavement/GriefBereavementIdx.html</a></p>
<p><b>99 Common Questions about Hospice Palliative Care: A nurses handbook – 4<sup>th</sup> edition</b></p>	<p>Available free of charge on: <a href="http://www.palliative.org">http://www.palliative.org</a></p>
<p><b>Health Ethics Guide</b> Catholic Health Association of Canada</p>	<p>Covenant Health Corporate Office of Mission, Ethics and Spirituality \$10.00</p>
<p><b>Customs and Traditions</b> In Times of Death and Bereavement</p>	<p>Available free from: McInnis and Holloway Funeral Home, Calgary (403) 276-2296 Park Memorial Funeral Home, Edmonton (780) 426-0050</p>

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#### 2. Websites

Program or Organization	Website Address
<b>Edmonton Zone Palliative Care Program</b>	<p>Home  <a href="http://www.palliative.org">http://www.palliative.org</a></p> <p><b>Palliative Tips clinical information :</b>  <a href="http://www.palliative.org/PC/ClinicalInfo/ClinicalIdx.html">http://www.palliative.org/PC/ClinicalInfo/ClinicalIdx.html</a></p> <ul style="list-style-type: none"> <li>• Assessment Tools</li> <li>• Palliative Care Tips</li> <li>• Alberta Hospice Palliative Care Resource manual</li> <li>• Evidenced base care management tools and guidelines</li> </ul>
<b>Calgary Zone Palliative Care Program (Advanced Care Planning Resource)</b>	<p><a href="http://www.calgaryhealthregion.ca/programs/palliative/index.htm">http://www.calgaryhealthregion.ca/programs/palliative/index.htm</a></p>
<b>Canadian Hospice Palliative Care Association</b>	<p><a href="http://chpca.net/">http://chpca.net/</a></p>
<p><b>Canadian Virtual Hospice</b>            Information and support on palliative and end-of-life care, loss and grief. A team of experts can answer questions about life-threatening illness and loss. Valuable for the public and professionals.</p>	<p><a href="http://www.virtualhospice.ca">www.virtualhospice.ca</a></p>
<b>Alberta Hospice Palliative Care Association</b>	<p><a href="http://ahpca.ca">http://ahpca.ca</a></p>

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#### 3. Presentations via Telehealth

Presentations	Telehealth Access
Palliative Care Rounds offered by the programs across the province are available by Telehealth.	<b>Arrange from your site</b>

#### 4. Textbooks

Book	Available from . . .
<b>Palliative Medicine 2009</b> T. Declan Walsh et al	Chapters Approximately \$300.00
<b>Oxford Textbook of Palliative Nursing 2010</b> Betty Rolling Ferrell	Amazon.com Approximately \$140.00
<b>Medical Care for the Dying 4<sup>th</sup> edition</b>	Victorian Hospice Society <a href="http://www.victoriahospice.org/health-professionals-volunteers/courses-publications-educational-information/publications-profession">http://www.victoriahospice.org/health-professionals-volunteers/courses-publications-educational-information/publications-profession</a> \$65.00

#### 5. Other

Zone Education Services	
<b>Grant MacEwan University</b>	Compassionate Care for the Terminally Ill Certificate Course  Post - Basic Nursing Hospice Palliative Care and Gerontology Certificate Course